## CA HRA



DATE: $\square / \square / \square$
Proposed Effective DATE:


QUESTION
RESPONSE

HRA Details I.

* For CA Members Only.

Talking Points: Thank you for taking the time to speak with me today. I would like to spend some time going over your health history. It will take us about twenty minutes. If more time is needed, we can schedule an additional session.

| 1 | Was the Pre-Call Review note completed? | $\square \mathrm{Yes}$ |
| :---: | :---: | :---: |
| 2 | Date of HRA Conducted |  |
| 3 | Assessment Method | $\square$ ln-Person $\square$ Broker Agent <br> $\square$ Mailed   <br> $\square$ Telephonic   |
| 4 | Respondent | $\square$ Member $\square$ Caregiver $\square$ Other |
|  | Other Respondent |  |
|  | Caregiver |  |
| 5 | Do you have a language need other than English? | $\square$ Arabic $\square$ Creole $\square$ French $\square$ Mandarin $\square$ Russian $\square$ Somali $\square$ Spanish $\square$ Vietnamese $\square$ Other language $\square$ None |
|  | Other Language |  |
|  | Please expand on members language needs |  |


| 6 | Do you have any special preferences we should be aware of? | Cultural Preferences Hearing Impairment $\square$ Literacy Religion/Spiritual needs or preferences Jisual Impairment $\square$ None Other Special preferences |
| :---: | :---: | :---: |
|  | Expand on any Cultural preferences |  |
|  | Expand on any Hearing Impairment preferences |  |
|  | Expand on any Literacy preferences |  |
|  | Expand on any Religion/Spiritual needs or preferences |  |
|  | Expand on any Visual Impairment preferences |  |
|  | Expand on any special preferences |  |
| HRA Details II. |  |  |
| 7 | What is your main health concern right now? |  |
| 8 | Are you pregnant? | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \\ & \square \mathrm{~N} / \mathrm{A} \end{aligned}$ |
|  | Do you have any problems with your lungs, like Asthma, Chronic Obstructive Pulmonary Disease or Cystic Fibrosis? |  |
| 10 | Asthma | $\begin{aligned} & \square \text { Yes } \\ & \square \text { No } \end{aligned}$ |
|  | Comment |  |
| 11 | Chronic Obstructive Pulmonary Disease | $\begin{aligned} & \hline \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |
| 12 | Cystic Fibrosis | $\square$ Yes $\square$ No |
|  | Comment |  |
|  | Do you have any problems with your heart or circulation like atrial fibrillation, coronary artery disease, peripheral arterial disease, congestive heart failure or stroke? |  |
| 13 | Atrial fibrillation | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |


| 14 | Coronary Artery Disease/ Peripheral Arterial Disease | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
| :---: | :---: | :---: |
|  | Comment |  |
| 15 | Congestive Heart Failure | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |
| 16 | Cerebral Vascular Accident/Stroke | $\begin{array}{\|l} \hline \square \mathrm{Yes} \\ \square \mathrm{No} \\ \hline \end{array}$ |
|  | Comment |  |
| 17 | Hypertension | $\square$ Yes $\square$ No |
|  | Comment |  |
|  | Do you have any problems with your kidneys like chronic kidney disease or end stage renal disease on dialysis? |  |
| 18 | Chronic Kidney Disease | $\begin{aligned} & \square \mathrm{res} \\ & \square \text { No } \end{aligned}$ |
|  | Comment |  |
| 19 | End Stage Renal Disease on dialysis | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \\ & \hline \end{aligned}$ |
|  | Comment |  |
|  | Has your doctor diagnosed you with a Behavioral health condition such as Depression, Schizophrenia or Bipolar disorder? |  |
| 20 | Depression |  |
|  | Comment |  |
| 21 | Schizophrenia | $\square \mathrm{res}$ $\square$ No |
|  | Comment |  |
| 22 | Bipolar | $\begin{array}{\|l} \hline \square \text { Yes } \\ \square \text { No } \\ \hline \end{array}$ |
|  | Comment |  |
|  | Do you have any conditions affecting your brain like seizures, memory (dementia) or stroke? |  |
| 23 | Seizures | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |


|  | Comment |  |
| :---: | :---: | :---: |
| 24 | Cerebral Vascular Accident/Stroke | $\begin{aligned} & \hline \text { Vres } \\ & \square \text { No } \end{aligned}$ |
|  | Comment |  |
| 25 | Dementia | $\begin{aligned} & \hline \hline \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |
| 26 | Alzheimer's Disease | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |
| 27 | Other brain conditions | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Other brain conditions |  |
| 28 | Do you have cirrhosis? | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |
| 29 | Do you have sickle cell? | $\begin{aligned} & \hline \hline \text { Yes } \\ & \square \text { No } \end{aligned}$ |
|  | Comment |  |
| 30 | Do you have HIV or AIDS? | $\square$ HIV $\square$ AIDS $\square$ Neither |
|  | Comment |  |
| 31 | Do you have active cancer that is being treated with chemo, radiation or surgery? | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |
| 32 | Do you have diabetes (sugars)? | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \\ & \hline \end{aligned}$ |
|  | Comment |  |
| 33 | Do you have rheumatoid arthritis? | $\begin{aligned} & \hline \hline \square \mathrm{Yes} \\ & \square \mathrm{No} \end{aligned}$ |
|  | Comment |  |


| 34 | Other conditions | $\square$ Other |
| :--- | :--- | :--- |
|  | $\square$ | None |


| 40 | c) Do you need help answering questions during a doctor's visit? | $\square \mathrm{Yes}$ $\square$ No |
| :---: | :---: | :---: |
| 41 | Notes: |  |
| HRA Details III. |  |  |
| 42 | 18 and Over |  |
|  | Compared to others your age, would you say your health is: (Adult only question) | Excellent <br> Nery Good Good Fair Poor <br> $\square$ Not Addressed |
| 43 | Have you had any changes in thinking, remembering, or making decisions? | $\square$ Yes $\square$ No |
| 44 | 18 and Over |  |
|  | Could you please tell me the: |  |
|  | Month | Correct Incorrect Not Addressed |
|  | Date (day of month OR day of week) | $\square$ Correct $\square$ Incorrect $\square$ Not Addressed |
|  | Year | $\square$ Correct $\square$ Incorrect $\square$ Not Addressed |
|  | Current President | $\square$ Correct $\square$ Incorrect $\square$ Not Addressed |
|  | Expand on cognitive assessment |  |
|  | If any responses to month, date, year, president are incorrect, Ask to speak with caregiver |  |
|  | Caregiver |  |
|  | Caregiver Phone |  |
| 45 | Have you received your flu shot this year? | $\square$ Yes $\square$ No $\square$ Not Addressed |




| 49 | Are you afraid of falling? | $\square \mathrm{Ye}$ <br> es $\square$ No <br> $\square$ Not Addressed |
| :---: | :---: | :---: |
|  | Reason Not Addressed |  |
| 50 | Do you need help with any of these actions? |  |
|  | a) Taking a bath or shower | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | b) Going up stairs | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | c) Eating | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | d) Getting Dressed | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | e) Brushing teeth, brushing hair, shaving | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | f) Making meals or cooking | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | g) Getting out of a bed or a chair | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | h) Shopping and getting food | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | i) Using the toilet | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | j) Walking | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | k) Washing dishes or clothes | $\square$ Yes $\square$ No $\square$ Not Addressed |
|  | I) Writing checks or keeping track of money | $\square$ Yes $\square$ No $\square$ Not Addressed |


|  | m) Getting a ride to the doctor or to see <br> your friends | $\square$ Yes |
| :--- | :--- | :--- |
|  | $\square$ No |  |
|  | n) Doing house or yard work | $\square$ Not Addressed |


| Does your PCP/Doctor have a copy? | $\square$ Yes |  |
| :--- | :--- | :--- |
|  | $\square$ No |  |
| Comment |  |  |
| Could I send you more information? | $\square$ Request further information |  |
|  | $\square$ Declined discussion |  |
|  | Reason Not Addressed |  |

## HRA Details IV.

| I have a few questions that I would like to ask you they involve your thoughts about your mental health and mental health care. |  |
| :---: | :---: |
| 13 and Over |  |
| Cage Aid |  |
| Are Cage Aid questions able to be addressed? | $\square$ Yes |
| In the last three months, have you felt you should cut down or stop drinking or using drugs? | $\square$ Yes $\square$ No |
| In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs? | $\square$ Yes $\square$ No |
| In the last three months, have you felt guilty or bad about how much you drink or use drugs? | $\square$ Yes $\square$ No |
| In the last three months, have you been waking up wanting to have an alcoholic drink or use drugs? | $\begin{aligned} & \square \text { Yes } \\ & \square \text { No } \end{aligned}$ |
| Do you feel like you have a problem with drugs or alcohol? | $\square$ Yes $\square$ No |
| If yes to any of the above, |  |
| Do you want a Case Manager to call you to provide support/education? | $\begin{aligned} & \square \mathrm{Yes} \\ & \square \mathrm{No} \\ & \hline \end{aligned}$ |
| Reason Cage Aid not able to be addressed |  |
| PHQ-2 and other BH questions |  |
| Are PHQ-2 questions able to be addressed? | $\begin{aligned} & \square \text { Yes } \\ & \square \text { No } \end{aligned}$ |
| Over the last 2 weeks how often have you had little interest or pleasure in doing things? | Not at all Several Days More than half the days Nearly every day |
| Over the last 2 weeks how often have you been feeling down, depressed or hopeless? | Not at all Several Days |


|  |  | $\square$ More than half the days |
| :--- | :--- | :--- |
|  |  | $\square$ Nearly every day |
|  |  |  |
|  | Reason PHQ-2 not able to be addressed |  |


| HRA Details V. |  |
| :---: | :---: |
| PHQ-2 Score |  |
| Over the past month ( 30 days), how many days have you felt lonely? | None - I never feel lonely $\square$ Less than 5 days More than half the days (more than 15) $\square$ Most days - I always feel lonely Not addressed |
| Thoughts that you would be better off dead, or hurting yourself? Do you have a plan? | $\square$ Yes $\square$ No $\square$ Not addressed |
| Comment |  |
| 1. Keep the member SAFE by keeping them on the phone. <br> 2. Verbalize your desire to assist the member. <br> 3. Signal to co-worker for help without going on hold. <br> 4. Employ immediate assistance from a first responder (911 etc.) <br> 5. Follow the crisis policy. |  |
| Are you afraid of anyone or is anyone hurting you? | Yes <br> No Not addressed |
| Comment |  |
| Thank you for taking the time to complete the survey. Someone may be reaching out to you. <br> If you need a little extra help taking care of your health, we could discuss your needs in an "Interdisciplinary Care Team" or what we also call an "ICT" meeting. We would include the members of your care team, for example your primary care doctor, your case manager, your caregiver and yourself. The team can meet in person or by phone and work together to come up with a plan to meet your health care needs. |  |
| Check this box as confirmation that the above was communicated to the member? | $\square$ Confirmed |
| Did member request ICT meeting? | $\square$ Yes $\square$ No $\square$ Not addressed - for MHRA's only |
| Section Complete | Yes |

[Disclaimers: Molina Healthcare is a DSNP and HMO plan with a Medicare contract. DSNP plans have a contract with the state Medicaid program. Enrollment depends on contract renewal.
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